

THE PRAYER FOR THE HAPPINESS  
OF ALL THAT LIVES

A Tibetan Buddhist Prayer, written by  
Ngorchon Kunga Zangpo, founder of  
the famous monastery of Ngor, and  
recited in the Eleventh Century.

Translated from the original Tibetan  
by Thutop Tulku and K.T. Khechog Palmo,  
in 1967, at Mussoorie, India.



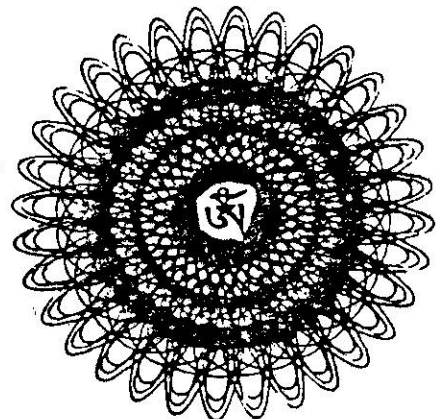
## THE PRAYER FOR THE HAPPINESS OF ALL THAT LIVES

That which is the one way to bring bliss  
and happiness to all beings,  
That most precious teaching of the Omniscient One,  
the Victorious,  
may at all times, in all places, now not decline.  
May it prosper in all parts of the universe:  
My prayer is that the Dharma may increase.

All our incomparable lamas and spiritual friends,  
limitless is the wisdom and compassion you possess.  
To you who hold the Teaching of the Victorious One  
close to you, dear as life itself..  
My prayer is that your lifespan may increase.

Holy Ones, the Sangha who practice the Dharma.  
May you always remain in this world.  
To you who establish all beings on the path of Good  
devoting your life to teaching and meditation,  
My prayer is that the work of the Buddha may increase.

May all men be free of the fears of sickness, old age  
and death,  
their mind established in the right view that sees the real  
May all grow to love one another:  
My prayer is that the divine joy that is limitless  
may grow and increase.



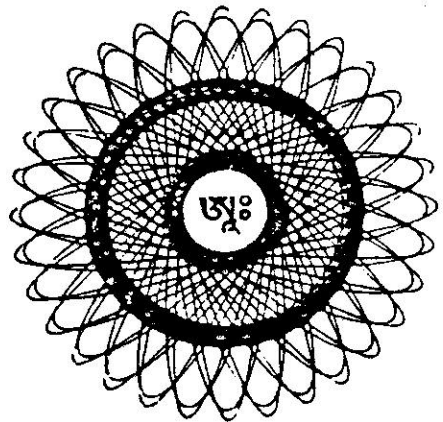
In all the cities of the earth, may the airs come lightly,  
blow the white prayer flags, strung like a rosary beautiful:  
good clothes and ornaments of precious stones,  
may all possess them;  
for all their inhabitants may prosperity increase.

The sky is beautiful with clouds, forked with silver lightning  
on the earth below are the peacocks dancing with joy.  
The rain falls gently, continuous are the showers.  
For all that lives this is my prayer:  
May the joy that is spontaneous grow and increase.

The mountains are lovely with grass, with wild flowers  
and falling waters;  
the valleys overflow with grain and the growing herds.  
All men sing songs of great joy:  
my prayer is that for all men fighting and hate may cease.

May the rulers keep to peaceful ways, good for all.  
May the peoples listen with respect to those who rule.  
Conflicts both inner and outer may they be at rest:  
my prayer is that the happiness of the Golden Age returns.

3.



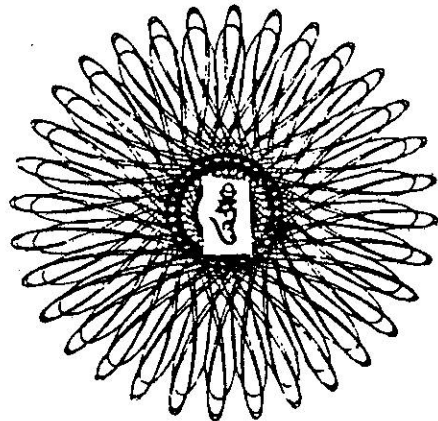
May the temples be beautiful with the images of the Buddha,  
full of the sacred Dharma books, manifold,  
with offerings as the Gods make them, like a cloud,  
beyond our imagining...

My prayer is that the rain of offerings may increase.

May all the monasteries be full of the Sanghas,  
those who wear the Dharma robes, the preservers of the Dharma,  
active always in preaching, writing and religious discussion.  
My prayer is that study and the chanting of prayers  
may increase.

To the bhikkhus and nuns of the higher and lower ordination  
established in the conduct that is without stain  
listening only to the Dharma, thinking about it,  
and meditating:  
My prayer is that the teaching of those who  
go beyond may increase.

To the meditators who give up all distractions of mind,  
away from harming, with inner concentration,  
living in a peaceful place, trying to attain  
the stages of the Path,  
My prayer is that the virtues of realisation may increase.



I am praying intensely, with deep devotion,  
that those who meditate, myself and all our circle,  
may have prosperity most excellent, away  
from tainted gold,  
My prayer is that our lifespan and the Sacred  
Dharma may increase.

May the perfections of liberality, good conduct, patience ,  
of energy, meditation and wisdom become transcending,  
May in me the realisation of the Dharma of the Buddha  
become complete:  
May the virtues of the understanding of the  
Holy Books increase.

By generosity and saying kindly words our disciples come.  
By the strength of Dharma , properly taught,  
may they understand the meaning of practice.  
In order to help myself and others to be linked  
with Dharma,  
My prayer is that in Dharma the good actions  
of all may increase.

May the obstacles to the Dharma completely disappear.  
May all opportunities, most excellent, be gathered  
together.  
Whatever the Mahamuni has greatly praised...  
My prayer is that the virtue of that may increase.

5.

