



The Bodhisattva Avalokiteshvara

OM MANI PADME HUM
OM AMI DEWA HRI

Ewam Choden Tibetan Buddhist Center
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Refuge

SANGYEH CHOTANG TSOKI CHONAM LA
In the Supreme Buddha, Dharma, and Sangha,

CHANGCHUB BARDU DANI GYEBSU CHI
Until enlightenment, I take refuge.

DAKI CHINSOK GYIBA DITA KI
Through perfected wisdom may I attain Buddhahood

DROLA PENCHIR SANGYEH DRUBAR SHO
For the sake of all sentient beings.

The Four Boundless Minds

SEMCHEN TAMCHEH DEWA TANG DEWEH
May all beings have happiness

GYU TANG DENBAR GYURCHICK
And the cause of happiness.

SEMCHEN TAMCHEH DUNGEH TANG DUNGEH KI
May all beings be free from suffering

GYU TANG DRALWAR GYURCHICK
And the causes of suffering.

SEMCHEN TAMCHEH DUNGEH MEBEH
May all beings know the supreme happiness

DEWA TANG MIDRALWAR GYURCHICK
Which is beyond suffering.

SEMCHEN TAMCHEH NYEHRING CHADANG TANG
May all beings rest in the immeasurable equanimity

DRALWEH TANG NYOM LA
Which is free from duality, attachments, and hatreds,

NEHBAR GYURCHICK
Both near and far.

Mantra

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Sharing Merits and Dedication

KYENAM TOOCHING SOLWA TABBE THU
Through the power of my practice, respect, and praise
DASOK KANGDU NEHBEH SACHOK SU
May all sentient beings benefit, wherever they may be,
NEHDUN OOPONG THAPTSU SHIWA TANG
Causing sickness, violence, and poverty to subside,
CHOTANG DRASHI PELWA TZADU SOL
And may Dharma and good omens ever increase.

DANI KYESHING KYEWA TAMCHEH DU
During this life and in all times,

RIKSANG LOSAL NGAGYAL MEBE TANG
May I have a clear mind and good traits, without pride.

NYINGJE CHESHING LAMA LAGU NE
Respecting the teachings and having great compassion,

PALDEN LAMEH TAMTSIK LANE SHO
May my bond with the glorious Lama continue.

KYEWA KUNDU YANG DHA LAMA TANG
During all lifetimes may I not be separated from the Lama,
DRELME CHOOKYI PALLA LONGCHOO CHING
And may I enjoy the glory of the Dharma.

SATANG LAMGYI YONTEN RABTZOK NE
Having completed the path and stages of wisdom,

DORJE CHANGKI GOPANG NYURTHOP SHO
May I quickly attain the stage of Dorje Chang.



Long Life Prayer for

H.H. Sakya TRizin

H.E. Jetsun Kusho

Lama Kunga Rinpoche

All joyful Lord of stainless being,
Primordial purity embodied,
To you we pray;

Look with compassion.
Upon all beings, and
Grant them the blessing
of the Dharma:

H.H. Sakya Trizin,
H.E. Jetsun Kusho and
Lama Kunga Rinpoche,
The manifestations of
Supreme bodhicitta,
We supplicate you to live long.

SARVA MANGALAM